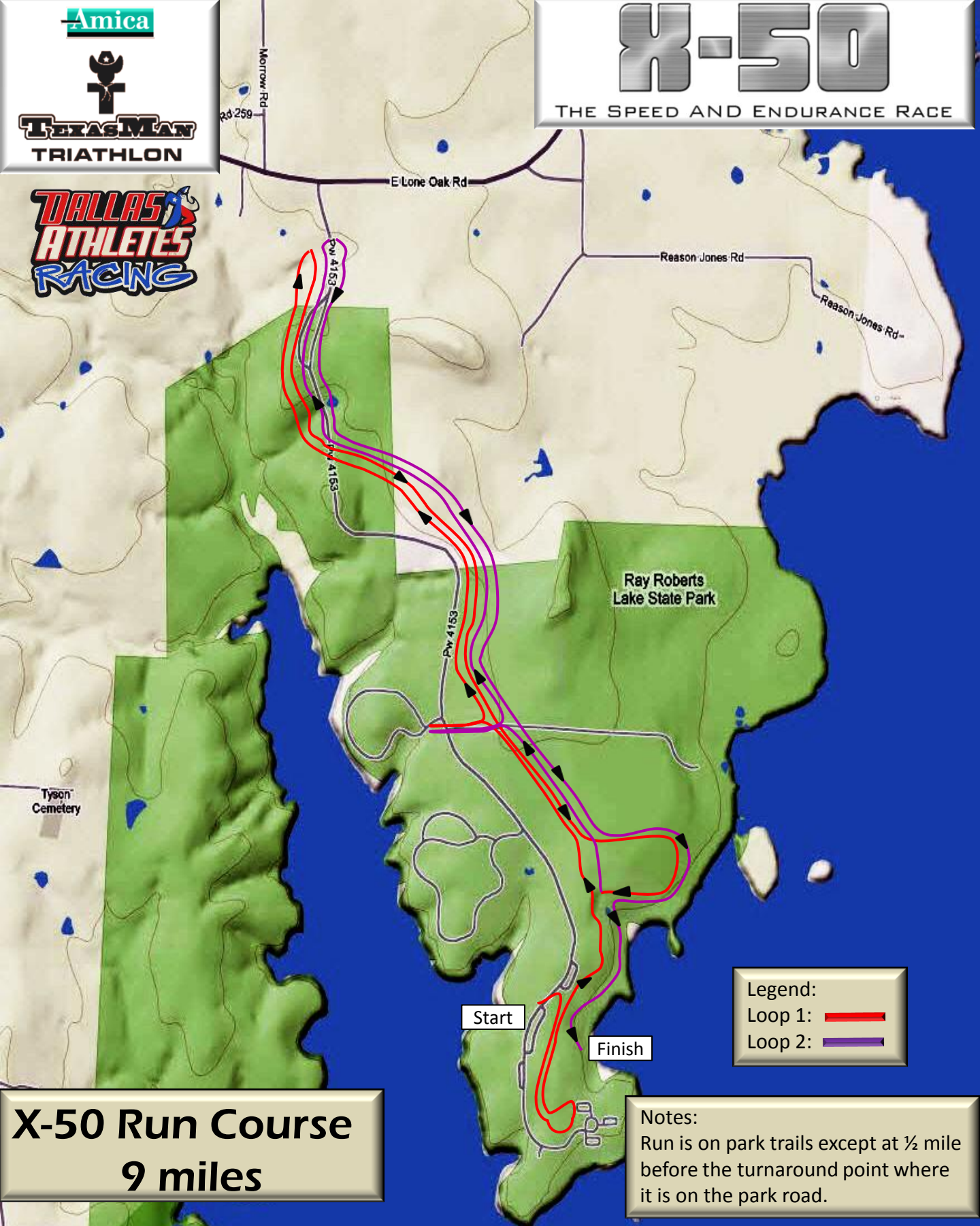


Amica



X-50

THE SPEED AND ENDURANCE RACE

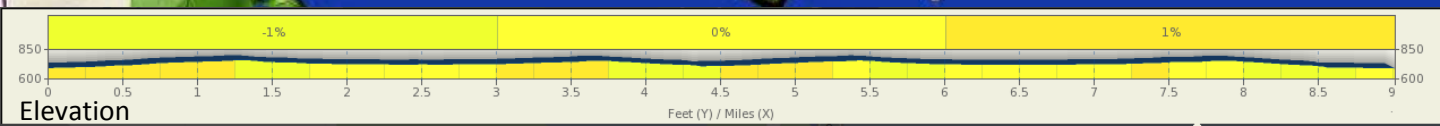


Legend:

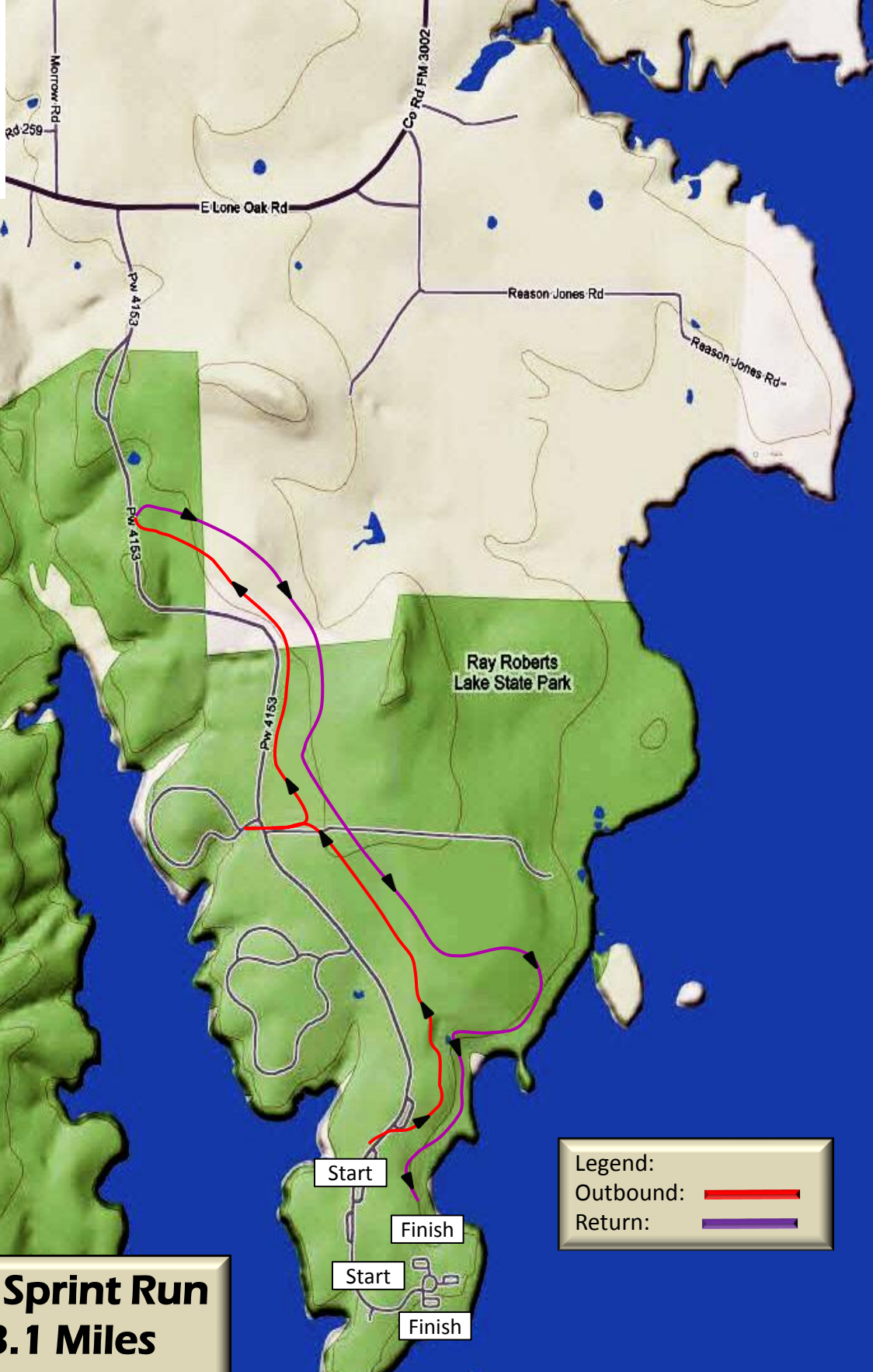
- Loop 1: —
- Loop 2: —



Notes:
Run is on park trails except at 1/2 mile before the turnaround point where it is on the park road.

X-50 Run Course 9 miles

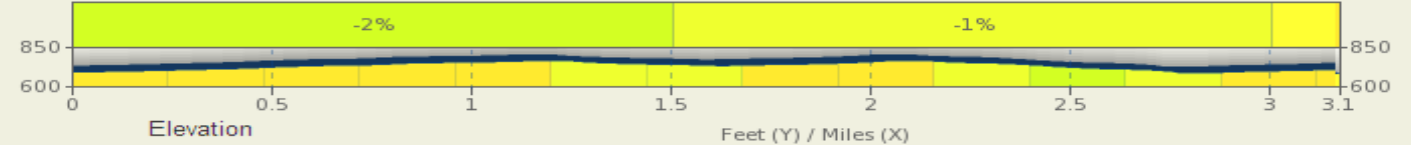


Amica

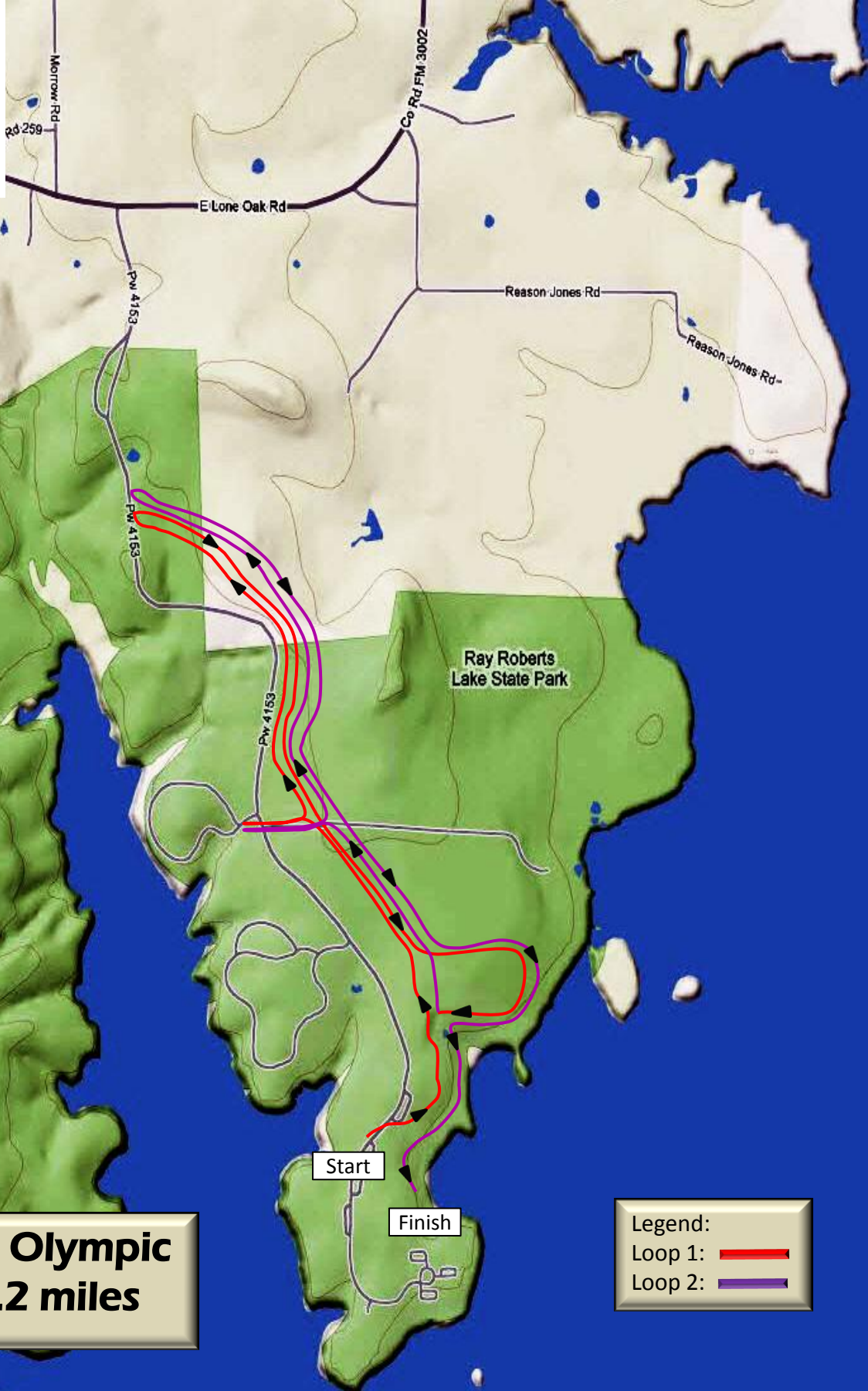


Legend:
Outbound: 
Return: 

Texas Man Sprint Run Course 3.1 Miles



Amica



Texas Man Olympic Course 6.2 miles

Legend:
Loop 1: 
Loop 2: 

